Learning Styles Quiz

How Do I Learn Best?

This questionnaire aims to find out something about your preferences for the way you work with information. You will have a preferred learning style, and one part of that learning style is your preference for the intake and the output of ideas and information.

Circle the letter of the answer that best explains your preference. Circle more than one if a single answer does not match your perception. Leave blank any question that does not apply. You will notice that some answers are out of alphabetical sequence.

1. You are about to give directions to a person who is standing with you. She is staying in a hotel in town and wants to visit your house. She has a rental car. Would you
   a. draw a map on paper?
   b. tell her the directions?
   c. write down the directions (without a map)?
   d. pick her up at the hotel in your car?

2. You are not sure whether a word should be spelled “dependent” or “dependant.” Do you
   a. look it up in the dictionary?
   b. imagine the word in your mind and choose a spelling by the way it looks?
   c. sound it out in your mind?
   d. write both versions down on paper and choose one?

3. You have just received a copy of your itinerary for an around the world trip. This is of interest to a friend. Would you
   a. show her a copy of a printed itinerary?
   b. call her immediately and tell her about it?
   c. send her a copy of the printed itinerary?
   d. share what you plan to do at each place you visit?
4. You are going to cook something as a special treat for your family. Do you
   d. cook something familiar without the need for instructions?
   a. thumb through a cookbook looking for ideas from the pictures?
   c. refer to a specific cookbook where there is a good recipe?

5. You have been assigned to instruct a group of tourists about wildlife reserves or parks. Would you
   d. drive them to a wildlife reserve or park?
   a. show them slides and pictures?
   c. give them pamphlets or a book on wildlife reserves or parks?
   b. deliver a talk on wildlife reserves or parks?

6. You are about to purchase a new CD player. Other than price, what would most influence your decision?
   b. The salesperson telling you what you want to know.
   c. Reading the details about it.
   d. Playing with the controls and listening to it.
   a. Its fashionable and upscale appearance.

7. Recall a time in your life when you learned how to do something like playing a new board game. Try to avoid choosing a very physical skill, for example, riding a bike. How did you learn best? By
   a. visual clues: pictures, diagrams, charts?
   c. written instructions?
   b. listening to someone explain it?
   d. doing it or trying it?

8. You have an eye problem. Would you prefer that the doctor
   b. tell you what is wrong?
   a. show you a diagram of what is wrong?
   d. use a model to show what is wrong?
Learning Styles Quiz (References)

9 You are about to learn to use a new program on a computer. Would you

d. sit down at the keyboard and begin to experiment with the program's features?
c. read the manual that comes with the program?
b. call a friend and ask questions about it?

10 You are staying in a hotel and you have rented a car. You would like to visit friends whose
address/location you do not know. Would you like them to:

a. draw you a map on paper?
b. tell you the directions?
c. write down the directions (without a map)?
d. pick you up at the hotel in their car?

11 Apart from price, what would most influence your decision to buy a particular book?

d. You have used a copy before.
b. A friend talking about it.
c. Quickly reading parts of it.
a. The appealing way it looks.

12 A new movie has arrived in town. What would most influence your decision to go (or not go)?

b. You heard a radio review about it.
c. You read a review of it.
a. You saw a preview of it.

13 Do you prefer a lecturer or teacher who likes to use

c. a textbook, handouts, readings?
a. flow diagrams, charts, graphs?
d. field trips, labs, practical sessions?
b. discussion, guest speakers?

Count your choices
Now match the letter or letters you have recorded most to the same letter or letters in the Learning Styles Chart. You may have more than one learning style preference—many people do. Next to each letter in the chart are suggestions that will refer you to different learning aids throughout this text.

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