

Curriculum Vitae

Noboru Iwata, Ph.D. (41 yrs) Research Associate, Florida International University

Born: May 15, 1959 (Shizuoka, Japan).

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Educational Career:

March 1978: Graduation of Gotemba-Minami High School (Shizuoka, Japan)

April 1978: Enter Hokkaido University (Sapporo, Japan)

March 1983: Graduation of Hokkaido University (Faculty of Science)
Earn B.Sc. (Hokkaido University)

April 1983: Enter the Graduate School of Environmental Science, Hokkaido University
(Master Course for Hygiene and Preventive Medicine)

March 1985: Earn M.E.S. (Master of Environmental Science, Hokkaido University)

April 1985: Enter the Graduate School of Environmental Science, Hokkaido University
(Doctor Course for Hygiene and Preventive Medicine)

Dec. 1989: Earn Ph.D. (Hokkaido University, Japan)

Occupational Career:

April 1988: Instructor, University of Occupational and Environmental Health, Japan
(Institute of Industrial Ecological Sciences)

April 1998: Adjunct Senior Researcher, National Institute of Mental Health, Japan

April 1998: Visiting Scientist, University of South Florida
(Center for Research in Behavioral Medicine and Health Psychology)

Oct 1999: Research Associate, Florida International University
(School of Policy and Management, College of Urban and Public Affairs)

Committee and Academic Activities:

1992-1995 Japan Association of Behavioral Medicine (Councilor)

1994 Japan Association of Occupational Mental Health (Councilor)

1994-1997 Committee for Human Science Research, Japan Space Utilization Promotion
Center (Working Group Member)

1995-1997 Member of the Research Grant for Nervous and Mental Disorders, Japan
Ministry of Health and Welfare

1996-2000 Member of the Research Project for Prevention of Work-related Diseases,
Japan Ministry of Labor

1996 Japan Association of Behavioral Medicine (Senior Councilor)

List of Publications

Book Chapters

1. Iwata N.
Personnel Selection [Translation] In: (Trans. ed.) M. Oshima, *A Handbook of Human Factors*, Chapter 1, Section 8: Selection and Training System, pp.762-785, Dobun-Shoin: Tokyo, 1989. [In Japanese]
2. Iwata N. and Saito K.
Relationships of the Todai Health Index to the General Health Questionnaire and the Center for Epidemiologic Studies Depression Scale. In: (eds.) S. Suzuki and R.E. Roberts, *Methods and Applications in Mental Health Surveys: The Todai Health Index*, Section III. Validity and Reliability of Methods, pp.135-149, University of Tokyo Press: Tokyo, 1991.
3. Iwata N.
Who finds social supports more useful?: the effects of social supports and the stress-strain relationships among Japanese adult employees. In: (ed.) S. Araki, *Behavioral Medicine: An Integrated Biobehavioral Approach to Health and Illness*, pp.173-179. Elsevier Science Publishers B.V.: Amsterdam, 1992.
4. Kitamura T, Fujihara S, Iwata N., Tomoda A, and Kawakami N.
Epidemiology of psychiatric disorders in Japan. In: (eds.) Y. Nakane and M.H.B. Radford, *Images in Psychiatry: Japan*, pp. 37-46. American Psychiatric Association: Washington, D.C., 1996?.
5. Iwata N.
Stress evaluation using self-administered questionnaires.
In: (ed.) Japan Occupational Mental Health Association, *"A Handbook on Occupational Mental Health,"* Chapter 9: Observation and Research Methodology, pp. 388-405, Nakayama Shoten: Tokyo, 1998. [In Japanese]

Papers(including research papers, review articles, and etc.)

1. Iwata N., Okuyama Y, Kawakamai Y, and Saito K.
An analysis of mental and somatic symptoms in a public institution workers in Hokkaido: an epidemiological study by means of the Todai Health Index, THI.
Journal of Northern Occupational Health 36: 21-27, 1987. [In Japanese]
2. Mitsutake M. and Iwata N.
Analysis of factors to influence on judgement of necessity of food additives.
Environmental Science, Hokkaido University 3: 81-90, 1987. [In Japanese]
3. Iwata N. and Saito K.
Relationships of the Todai Health Index to the General Health Questionnaire and the Center for Epidemiologic Studies Depression Scale.
Japanese Journal of Hygiene 42: 865-873, 1987.

4. Iwata N. and Saito K.
Factor analytic study on subjective symptoms in adolescence.
Japanese Journal of School Health 30: 86-94, 1988. [In Japanese]
5. Iwata N., Okuyama Y, Kawakami Y, and Saito K.
Factor structure of the General Health Questionnaire in a sample of Japanese workers.
Industrial Health 26: 69-74, 1988.
6. Iwata N. and Saito K.
Study on psychosocial factors related to psychological symptoms in a sample of junior high school students: (1) tests of the relationships of psychological symptoms to personality characteristics and complaints or worries in living environments.
Japanese Journal of School Health 30: 246-253, 1988. [In Japanese]
7. Iwata N., Okuyama Y, Kawakami Y, and Saito K.
The twelve-item General Health Questionnaire among Japanese workers.
Environmental Science, Hokkaido University 11: 1-10, 1988.
8. Iwata N., Okuyama Y, Kawakami Y, and Saito K.
Psychiatric symptoms and related factors in a sample of Japanese workers.
Psychological Medicine 18: 659-663, 1988.
9. Iwata N. and Saito K.
Psychometric properties of the Center for Epidemiologic Studies Depression Scale of Japanese workers.
Japanese Journal of Industrial Health 31: 20-21, 1989.
10. Iwata N., Okuyama Y, Kawakami Y, and Saito K.
Prevalence of depressive symptoms in a Japanese occupational setting: a preliminary study.
American Journal of Public Health 79: 1486-1489, 1989.
11. Iwata N.
Reliability of GHQ factor structures.
British Journal of Psychiatry 156: 131-132, 1990.
12. Iwata N.
A longitudinal observation for the associations of the life-style factors to the mental health of a sample of Japanese junior high school students.
Bulletin of the Physical Fitness Research Institute 75(Supplement): 9-21, 1990. [In Japanese]
13. Kamada T, Iwata N., and Kojima Y.
Analyses of neurotic symptoms and subjective symptoms of fatigue of seamen during a long voyage.
Japanese Journal of Industrial Health 32: 461-469, 1990. [In Japanese]
14. Saito K, Iwata N., Anei T, Kanno M, and Darwita RR.
Recent issues of stress and environment for child health.
Japanese Journal of School Health 33: 52-62, 1991. [In Japanese]

15. Takahashi K, Iwata N, Yamaguchi N, Okubo T, and Yamamura J.
Interpersonal awareness and smoking behavior in the workplace.
Asia-Pacific Journal of Public Health 5: 288-296, 1991.
16. Iwata N, Suzuki K, Saito K, and Abe K.
Type A personality, work stress and psychological distress in Japanese adult employees.
Stress Medicine 8: 11-21, 1992.
17. Uno B, Iwata N, and Kawano T.
Stress evaluation and follow-up strategies in a periodic health examination.
Rodo-Eisei [Occupational Hygiene] 385: 12-17, 1992. [In Japanese]
18. Takahashi K, Iwata N, Yamaguchi N, Okubo T, Yamamura J, Hoshuyama T, Saeki S, Kumai M, and Fujii S.
Involuntary smoking in a workplace situation: discomfort of nonsmokers and interpersonal awareness of smokers.
Japanese Journal of Public Health 39: 347-354, 1992. [In Japanese]
19. Iwata N. and Saito K.
The factor structure of the 28-item General Health Questionnaire when used in Japanese early adolescents and adult employees: age- and cross-cultural comparisons.
European Archives of Psychiatry and Clinical Neuroscience 242: 172-178, 1992.
20. Iwata N.
A brief introduction to the self-administered questionnaires for minor psychiatric impairment. Special Issue: Efficacies and Limitations of Self-Report Questionnaires
Archives of Psychiatric Diagnostics and Clinical Evaluation 3: 413-427, 1992. [In Japanese]
21. Kawakami N, Araki S, Murata K, Haratani T, Iwata N, and Imanaka Y.
Interactive effects of job stressors and exercise on psychological and physical health status with special reference to psychological distress and cardiovascular risk factors.
Bulletin of the Physical Fitness Research Institute 83 (Supplement): 45-52, 1993. [In Japanese]
22. Saito K, Iwata N, Hosokawa T, and Ohi G.
Housing factors and perceived health status among Japanese women living in aggregated dwelling units.
International Journal of Health Services 23: 541-554, 1993.
23. Iwata N, Saito K, and Roberts RE.
Responses to a self-administered depression scale among younger adolescents in Japan.
Psychiatry Research 53: 275-287, 1994.
24. Iwata N.
A checklist for evaluating the stress-related health impairments at periodic health examination in Japan.
Job Stress Research 1: 84-87, 1994. [In Japanese]
25. Iwata N, Uno B, and Suzuki T.
Psychometric properties of the 30-item version General Health Questionnaire in Japanese.
Japanese Journal of Psychiatry and Neurology 48: 547-556, 1994.

26. Iwata N, Haratani T, Kawakami N, Imanaka Y, Murata K, and Araki S.
Psychometric properties of the CAGE questionnaire among adult employees in Japan.
Occupational Mental Health 2: 327-331, 1994. [In Japanese]
27. Iwata N, Roberts CR, and Kawakami N.
Japan-U.S. comparison of responses to depression scale items among adult workers.
Psychiatry Research 58: 237-245, 1995.
28. Tomoda A, Iwata N, Kitamura T.
The effects of physical exercises on mental health: an epidemiologic observation for
community adolescents.
Bulletin of the Physical Fitness Research Institute 91 (Supplement): 133-141, 1996. [In
Japanese]
29. Iwata N, Hachisuka K, Tanaka S, Naka Y, and Ogata H.
Measuring activities of daily living among haemophiliacs.
Disability and Rehabilitation 18: 217-223, 1996.
30. Kawakami N, Iwata N, Tanigawa T, Ohga H, Araki S, Fujihara S, and Kitamura T.
Prevalence of mood and anxiety disorders in a working population in Japan.
Journal of Occupational and Environmental Medicine 38: 899-905, 1996.
31. Iwata N. and Roberts RE.
Age differences among Japanese on the Center for Epidemiologic Studies Depression Scale:
an ethnocultural perspective on somatization.
Social Science and Medicine 43: 967-974, 1996.
32. Umesue M, Matsuo T, Iwata N, and Tashiro N.
Dissociative disorders in Japan: a pilot study with the Dissociative Experience Scale and a
semistructured interview.
Dissociation 9: 182-189, 1996.
33. Kawakami N, Kawashima M, Masumoto T, Okubo K, Hirota M, Watanabe N, Hayashi T,
Haratani T, Iwata N, Imanaka Y, Araki S, and Murata K.
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34. Haratani T, Asakura T, Fujigaki Y, and Iwata N.
International perspectives of the occupational stress management.
Nihon Seishin Hoken Shakaigaku-kai Zasshi (Japan Association of Mental Health Sociology)
2: 38-43, 1996. [In Japanese]
35. Terao T, Iwata N, Kanagami I, and Terao M.
A study of depressive state and serum lipids.
Noh to Seishin no Igaku (Brain Science and Mental Disorders) 7: 441-444, 1996. [In
Japanese]
36. Iwata N, Ichii S, and Egashira K.
Effects of bright artificial light on subjective mood of shift work nurses.
Industrial Health 35: 41-47, 1997.

37. Iwata N.
GHQ: General Health Questionnaire. Lectures: Health Measurements
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38. Tamae K, Iwata N, Sone S, Matsuda S, and Teruya H.
A factor analytic study on subjective symptoms among public junior high-school students in Kitakyushu: grade and gender-group comparisons of factor structure.
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39. Iwata N.
Strategies for evaluation of stressors at work and their meaning in stress science: 1. Procedures for measuring and evaluating stressors at work. Special Issue: Stressor Evaluation
Job Stress Research 4: 23-29, 1997. [In Japanese]
40. Iwata N.
Strategies for evaluation of stressors at work and their meaning in stress science: 2. A historical view of occupational stress models and stressor measurements. Special Issue: Stressor Evaluation
Job Stress Research 4: 30-34, 1997. [In Japanese]
41. Iwata N. and Suzuki K.
Role stress-mental health relations in Japanese bank workers: a moderating effect of social support.
Applied Psychology: An International Review 46: 207-218, 1997.
42. Terao T, Yoshimura R, Ohmori O, Takano T, Takahashi N, Iwata N, Suzuki T, and Abe K.
Effects of serum cholesterol on meta-Chlorophenylpiperazine-evoked neuroendocrine responses in healthy subjects.
Biological Psychiatry 41: 974-978, 1997.
43. Iwata N.
Research methodologies of psychiatric epidemiology. Special Issue: Psychiatric Epidemiology
Seishin-Igaku Review [Psychiatry Review] 24: 35-45, 1997. [In Japanese]
44. Iwata N, Kobayashi Y, Fukuhara M, Hidano T, and Spielberger CD.
Do responses differ between two types of state anxiety items?: an examination of the Japanese adaptation STAI Form Y.
Japanese Journal of Stress Sciences 12: 65-71, 1997. [In Japanese]
45. Iwata N.
Measuring procedure for subjective stress reactions. Special Issue: Stress Reactions
Job Stress Research 5: 7-13, 1997. [In Japanese]
46. Iwata N, Mishima N, Shimizu T, Mizoue T, Fukuhara M, Hidano T, and Spielberger CD.
The Japanese adaptation of the STAI Form Y in Japanese working adults: the presence or absence of anxiety.
Industrial Health 36: 8-13, 1998.

47. Iwata N. and Suzuki T.
Psychometric point of view on the threshold of operational psychiatric diagnostic criteria.
Special Issue: Threshold of Operational Psychiatric Diagnostic Criteria
Archives of Psychiatric Diagnostics and Clinical Evaluation 8: 383-390, 1998. [In Japanese]
48. Tomoda A, Iwata N., and Kitamura T.
Prevalence and characteristics of subthreshold depression among non-clinical sample.
Special Issue: Threshold of Operational Psychiatric Diagnostic Criteria
Archives of Psychiatric Diagnostics and Clinical Evaluation 8: 391-401, 1998. [In Japanese]
49. Shimizu H, Kawakami N, Haratani T, Iwata N., and Kitamura T.
An epidemiologic study on social age and the onset of depression in a community elderly population.
Advance in Aging and Health Research 1997. 100-108, 1998. [In Japanese]
50. Iwata N., Umesue M, Egashira K, Hiro H, Mizoue T, Mishima N, and Nagata S.
Can positive affect items be used to assess depressive disorders in the Japanese population?
Psychological Medicine 28: 153-158, 1998.
51. Iwata N., Mishima N, Shimizu T, Mizoue T, Fukuhara M, Hidano T, and Spielberger CD.
Positive and negative affect in the factor structure of the State-Trait Anxiety Inventory for Japanese workers.
Psychological Reports 82: 651-656, 1998.
52. Kawakami N. and Iwata N.
Studies of stress: views from assessment methodology. Special Issue: Stress and Psychosomatic Medicine
Shinryo-Naika [Psychosomatic Medicine] 2: 118-124, 1998. [In Japanese]
53. Tamae K, Iwata N., Nagata S, and Teruya H.
Subjective symptoms and related factors among public junior high-school students in Kitakyushu: an examination for the relationships with minor life events.
Japanese Journal of School Health 40: 19-28, 1998. [In Japanese]
54. Iwata N., Komatsu K, and Nishida K.
Positive and negative factors of the State-Trait Anxiety Inventory in a sample of Japanese university students.
Japanese Journal of Stress Sciences 12: 206-215, 1998.
55. Kawakami N, Iwata N., Fujihara S, and Kitamura T.
Prevalence of chronic fatigue syndrome in a community population in Japan.
Tohoku Journal of Experimental Medicine 186: 33-41, 1998.
56. Iwata N.
The relationship between physical activity and mood disorders in a community adult population. Special Issue: Stress and Exercise
Japanese Journal of Stress Sciences 13: 120-128, 1998. [In Japanese]
58. Kitamura T, Kijima N, Iwata N., Senda Y, Takahashi K, and Hayashi I.
Frequencies of child abuse in Japan: hidden but prevalent crime.
International Journal of Offender Therapy and Comparative Criminology 43: 21-33, 1999.

57. Sakamoto S, Tomoda A, Iwata N, Aihara W, and Kitamura T.
The relationship among major depression, depressive symptoms, and self-preoccupation.
Journal of Psychopathology and Behavior Assessment 21: 37-49, 1999.
59. Iwata N. and Mishima N.
Reliability of the State-Trait Anxiety Inventory, Form Y in Japanese samples.
Psychological Reports 84: 494-496, 1999.
60. Kawakami N, Haratani T, Iwata N, Imanaka Y, Murata K, and Araki S.
Effects of mailed advice on stress reduction among employees in Japan: a randomized controlled trial.
Industrial Health 37: 237-242, 1999.
61. Iwata N, Kawakami N, Haratani T, Murata K, and Araki S.
Job stressor-mental health associations in a sample of Japanese working adults: artifacts of positive and negative questions?
Industrial Health 37: 263-270, 1999.
62. Yamamoto M, Iwata N, Tomoda A, Tanaka S, Fujimaki K, and Kitamura T.
Child emotional and physical maltreatment and adolescent psychopathology: a community study in Japan.
Journal of Community Psychology 27: 377-391, 1999.
63. Hachisuka K, Tsutsui Y, Kobayashi M, and Iwata N.
Factors structure of satisfaction in daily life of elderly residents in Kitakyushu.
Journal of University of Occupational and Environmental Health 21: 179-189, 1999.
64. Hachisuka K, Saeki M, Tsutsui Y, Chisaka H, Ogata H, Iwata N, and Negayama S.
Gender-related differences in scores of the Barthel Index and Frenchay Activities Index in randomly sampled elderly persons living at home in Japan.
Journal of Clinical Epidemiology 52: 1089-1094, 1999.
65. Kitamura T, Tomoda A, Kijima N, Sakamoto S, Tanaka E, Iwata N, and Fujihara S.
Early life experiences and personality.
Archives of Psychiatric Diagnostics and Clinical Evaluation 10: 429-436, 1999. [In Japanese]
66. Terao T, Iwata N, Kanazawa K, Takano T, Takahashi N, Hayashi T, and Sugawara Y.
Low serum cholesterol levels and depressive state in human dock visitors.
Acta Psychiatrica Scandinavica 101: 231-234, 2000.
67. Iwata N. and Higuchi HR.
Responses of Japanese and American university students to the STAI items that assess the presence or absence of anxiety.
Journal of Personality Assessment 74: 48-62, 2000.
68. Iwata N, Mishima N, Okabe K, Kobayashi N, Hashiguchi E, and Egashira K.
Psychometric properties of the State-Trait Anxiety Inventory among Japanese clinical outpatients.
Journal of Clinical Psychology 56: 793-806, 2000.

69. Mishima N. and Iwata N.

Creating a notification tailored to individual workers by using database: a conceptual framework.

Industrial Health 38: , 2000 (in press).