



**Linking Nutrition and Health**  
**30 Years of the Older Americans Act Nutrition Programs**  
**Third State Nutritionists/Administrators Conference**

**June 2-4, 2002**  
Washington Hilton & Towers  
1919 Connecticut Avenue, NW  
Washington, DC

**Agenda**

**Sunday, June 2, 2002**

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- 6:00–7:00 pm**      **Registration: *Tote Bags Compliments of the National Committee to Preserve Social Security and Medicare***
- 7:00-8:30 pm**      **Health Promotion Session I:**
- ***Social Change and Physical Activity***  
**John Peters, PhD, Director, Nutrition Science Institute, Proctor & Gamble Co.**
  - ***Colorado on the Move: Perspective from the Regional Office***  
**Jo Ann Pegues, MPA, RD, Regional Nutritionist, Administration on Aging**
  - ***Steps to Healthy Aging: Eating Better & Moving More***
    - o ***Moving More Pilot Project: SUA Nutritionists & Administrators***  
**Nancy Wellman, PhD, RD, Director, National Policy and Resource Center on Nutrition and Aging**
- Moderator: **Brian Lutz, Acting Director, Office of Community Based Services, Administration on Aging**
- 8:30-10:00 pm**      **Hospitality Suite: *Compliments of The NutraSweet Company***

**Monday, June 3, 2002**

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- 8:00-8:30 am**      **Continental Breakfast: *Compliments of Sun Meadow/GA Foods***  
**Registration**  
**Resource Table**
- 8:30-9:30 am**      **Health Promotion Session II: *Nutrition, Functionality, and Aging***  
**Mary Ann Johnson, PhD, Professor, University of Georgia**  
Moderator: **David Ishida, Region IX Administrator, Administration on Aging**
- 9:30-10:00 am**      **Health Promotion Session III: *I Remember When: THE AoA VIEW***  
**Joseph Carlin, MS, RD, FADA, Regional Nutritionist, Administration on Aging**  
**Bonnie Athas, RD, Nutritionist, UT State Division of Aging and Adult Services**  
**Jo Ann Pegues**

- 10:00-10:15 am**    **GREETINGS**  
Josefina G. Carbonell, Assistant Secretary for Aging, Administration on Aging
- 10:15-10:30 am**    **Break**
- 10:30-11:45 am**    **Implementing the New Nutrition Provisions of the Older Americans Act Reauthorization**  
[Edwin L Walker](#), Director, Office of Community Based Services and Wellness, Administration on Aging  
Deborah Burns, MSW, Office of Community Based Services, Administration on Aging  
Moderator: Percy Devine, Regions IV & VIII Administrator, Administration on Aging
- 11:45-1:00 pm**    **Networking Luncheon: *Compliments of Ross Products, Abbott Laboratories State Unit on Aging Nutritionists Network***  
Amy Nickerson, VT; Laura Hudspeth, WY; Sudha Reddy, GA
- 1:00-2:00 pm**    **Dietary Reference Intakes and *Dietary Guidelines*: The Latest Nutrition Standards for Today's Older Americans**  
[Nancy Wellman](#) and [Jean Lloyd](#)
- 2:00-3:30 pm**    **Implementing Older Americans Nutrition Program Services I: What We Do After We Screen: MNT and Other Cutting Edge Nutrition Interventions**  
[Nancy Wellman](#)  
[Jennifer Keeley](#), MS, RD, Nutrition Coordinator, WI Bureau of Aging & Long Term Care  
Suhda Reddy, MS, RD, Chief Nutritionist, GA Division of Aging Services  
Bonnie Athas  
Moderator: Floristene Johnson, MS, RD, Regional Nutritionist, Administration on Aging
- 3:30-4:00 pm**    **Stretch & Break: *Compliments of The Peanut Institute***
- 4:00-5:15 pm**    **Regional Work Sessions: State Issues and State Solutions**
1. **AoA Regions I, II, and III** - Joseph Carlin with Les Rosenzweig
  2. **AoA Regions IV, V, VI, and VII** - Floristene Johnson with Peggy Schafer
  3. **AoA Regions VIII, IX, and X** - Jo Ann Pegues with Barbara Friedberg
- Stakeholder Work Session: Aging Network Issues and Solutions**  
Jean Lloyd and Nancy Wellman
- 5:30-7:00 pm**    **Hospitality Suite**  
**State Units on Aging Nutritionists Networking**
- 7:00 pm**    **Dinner on your own**

- 7:30-8:00 am**      **Continental Breakfast**
- 8:00-9:30 am`**      **Implementing Older Americans Act Nutrition Program Services II: Steps to More Comprehensive Services; Moderator: Jo Ann Pegues**
- **National Family Caregivers Support Program: The Newest OAA Program**  
[Rick Greene](#), MSW, AoA Office of Community Based Services
  - **Nutrition and Family Caregivers: Identification of New Risks for Caregivers**  
[Nancy Wellman](#)
  - **Senior Farmers Market Nutrition Program: Expanded USDA Program Increases Fruit and Vegetable Intake**  
[Jennifer Drzik](#), MS, RD, Nutritionist, MD Department of Aging  
[Amy Nickerson](#), MS, RD, Nutritionist, VT Department of Aging and Disabilities
  - **Emergency Preparedness: New Lessons From Disasters**  
Robert O'Connell, AoA Regions I and II Administrator  
[Holly Grueling](#), RD, Nutritionist, FL Department of Elder Affairs  
[Les Rosenzweig](#), MS, RD, Associate Director, National Policy & Resource Center on Nutrition and Aging
- 9:30- 10:00 am**      **National Policy and Resource Center on Nutrition and Aging: Keeping YOU in the Vanguard: Les Rosenzweig**
- **Ageism: Let's Update Our Language:** [Peggy Schafer](#), RD
  - **Foodservice Operations: Let's Update Our Systems:** [Barbara Friedberg](#)
- 10:00-10:30 am**      **Stretch & Break: *Compliments of the Nutrition Screening Initiative***
- 10:30-11:45 am**      **Older Americans Nutrition Program Fundamentals: How to Interpret the New Provisions: [Jean Lloyd](#), [Joseph Carlin](#), [Floristene Johnson](#), [Jo Ann Pegues](#)**
- 11:45-1:15 pm**      **Lunch**
- 1:15-3:15 pm**      **Implementing Older Americans Nutrition Program Services III: Program Options and Innovations: Moderator: Les Rosenzweig**
- **Computer Assisted Technology: How to Use Cutting Edge Applications**  
[Sarah Strawn](#), RD, Nutritionist, AL Department of Senior Services  
[Kim Kelley](#), MSW, Nutrition Administrator, WA Aging & Adult Services Administration  
[Kathy Stroh](#), MS, RD, Nutrition Consultant, DE Division of Services for Aging and Adults with Disabilities
  - **Program Innovations: How to Strategically Change Your Services**  
[Jean Friend](#), MPA, RD, Program Manager, MI Offices of Services to Aging  
[Susan Wenberg](#), MPH, RD, MN Board on Aging
  - **Food Safety and Sanitation: How to Apply the New FDA Food Code**  
[Wendy Fanaselle](#), MS, RD, FDA Center for Food Safety and Applied Nutrition, Division of Cooperative Programs and Retail Food Team  
[Mary Lee Welch](#), MS, RD, Nutritionist, CA Department of Aging
- 3:15-3:45 pm**      **30<sup>th</sup> Anniv. Project: *Steps to Healthy Aging GuideBook: Eating Better & Moving More***  
[Barbara Friedberg](#), Research Assistant, National Center on Nutrition and Aging  
**Conference Evaluation:** [Jean Lloyd](#)