

Spring, 2000

- Jan. 10 Distribution and discussion of course materials. General introductory comments.  
Short video presentation
- Jan. 12 "Indiana services network for aging and disabled." Laura Brown,  
Representative from Area IV Agency on Aging and Community services
- Jan .17 \*\*\*\*\*NO CLASS - MARTIN LUTHER KING DAY\*\*\*\*\*
- Jan. 19 Theories of aging and the elderly in our society  
  
Carlson, J.C. and Riley, J.C.M. 1998. A consideration of some notable aging theories.  
Exptl. Gerontology 33:127-134.  
Walford, R.L. 1998. Children of the elderberry bush. Exptl. Gerontology 33:189-190.
- Jan. 24 The physiology and pathology of aging. Aging gut, olfactory and taste changes **Text: 212-253  
171-211**
- Jan. 26 Renal system and urinary tract **Text: 275-287**
- Jan 31. Cardiovascular system and hypertension, and hematopoiesis **Text: 254-273  
288-303**
- Feb. 2 "Facilitating feeding" Lucia Mendez, MS.CCC/SLP, Speech Language Pathologist  
This is a training session for feeding someone who requires assistance
- Feb. 7 Nutritional assessment of older adults. Nutrition screening initiative **Text: 382-415**
- Feb. 9 "Adequate nutrition—cost containment" Cathy Bowlin, Administrator, and Gwen Shipley, R.D.,  
Regency Place of Lafayette
- Feb. 14 Endocrine/Menopause, growth hormone and body composition **Text: 320-341**
- Feb. 16 "Geriatrics as applies to nutrition" Dr. Mark A. Meyer, Geriatrician, Carroll County and Rossville  
Medical Centers, Flora, Indiana
- Feb. 21 Macronutrients -- carbohydrates, lipids and proteins **Text: 13-26**
- Feb. 23 Federal and State regulations that pertain to the elderly. Bob Hornyak, Assistant Director,  
State of Indiana, Division of Aging and Rehabilitation, Bureau of Aging and Home Services
- Feb. 28 Micronutrients -- vitamin requirements **Text: 27-62**
- Mar. 1 EXAMINATION I (Questions coming from papers on reserve, class discussions and guest lectures)
- Mar. 6 Mineral requirements Home health care for the elderly **Text: 63-106**
- Mar. 8 Common chronic diseases associated with elderly -- diabetes, osteoarthritis and rheumatoid

arthritis, osteoporosis. Can nutrition moderate the effects?

- Mar. 13-15 \*\*\*\*\*SPRING BREAK\*\*\*\*\*
- Mar. 20 **PROJECT I (TYPED IN THE PRESCRIBED FORMAT) IS DUE AT 8:30 A.M.** One-half of the class will be giving oral reports from project I. [At least two visual aids (i.e., slides, overheads, posters, etc.)] must be used during the report. Be innovative, do not use your report directly as a visual
- Mar. 22 Oral reports from feeding project I (continued)
- Mar. 27 “Social issues related to gerontology” Prof. Kenneth Ferraro, Director, Gerontology Program
- Mar. 29 “Issues related to relocation/transition” Dr. Eileen Rossen, School of Nursing, Purdue University
- Apr. 3 Chronic diseases (Cont.), Alzheimer's disease and other diseases of dementia
- Apr. 5 **SECOND PROJECT (TYPED IN THE PRESCRIBED FORMAT) IS DUE AT 8:30 A.M.** One-fourth of the class will be giving oral reports from project II. [At least two visual aids (i.e., slides, overheads, posters, etc.)] must be used during the report. Be innovative, do not use your report directly as a visual
- Apr. 10 “Drug-nutrient interactions in the older adult” Dr. Connie Chalko, Pharmacist, St. Joseph’s Medical Center, Plymouth, IN
- Apr. 12 \*\*\*\*\*NO CLASS – Indiana Dietetics Assoc. Meeting\*\*\*\*\*
- Apr. 17 \*\*\*\*\* NO CLASS -- Expt’l Biol. ‘99 MEETINGS\*\*\*\*\*
- Apr. 19 Home health care for the elderly.  
Professional ethics. Keys to longer, healthier, more vital life
- Apr. 24 **THIRD PROJECT (TYPED) IS DUE AT 8:30 A.M.** One-fourth of the class will be giving oral reports from Project III [At least two visual aids (i.e., slides, overheads, posters, etc.)] must be used during the report. The report is limited to 5 min followed by a few min discussion/questions by the class
- Apr. 26 “Physical activity and the elderly “ Dr. Nancy Edwards, School of Nursing, Purdue University
- May 1- 6 Final Examination