Active Parenting Now Workshop

Every Wednesday for 6 Weeks
May 6th — June 10th
12:00pm to 1:30pm

$20 per person includes book
Light refreshments served
*Only 15 seats available

Offered by:
Florida International University
Counseling and Psychological
Services Center
11200 SW 8th Street
UHSC 270
Miami, FL 33199
Phone: 305-348-2434
www.fiu.edu/~psychser

Here's what you will learn:

Session 1:
• What our kids will need to succeed
• Styles of parenting
• Mutual respect
• "Method of Choice"

Session 2:
• Handling problems
• Building cooperation
• Active Communication

Session 3:
• Teaching responsibility
• Effective discipline techniques
• "I" messages
• Logical consequences

Session 4:
• Why children misbehave
• Sidestepping power struggles

Session 5:
• Think-Feel-Do cycle
• Character, courage, self-esteem
• Stimulating independence

Active Parenting Now Workshop
Registration Form

Name: __________________________
Child’s age: ______________________
Address: ________________________
________________________________________________________________
Phone: __________________________
E-mail: __________________________

*Please include check for $20.00 per person made payable to: CPSC

Florida International University
Counseling and Psychological
Services Center
11200 SW 8th Street
UHSC 270
Miami, FL 33199
Phone: 305-348-2434