

Florida International University
Counseling and Psychological Services
Practicum Brochure
2011-2012

Thank you for your interest in completing a practicum at Florida International University's Counseling and Psychological Services (CAPS). FIU is an urban, multicultural, multiethnic academic institution with more than 43,000 students. CAPS works within the division of Student Affairs to support the University's educational mission by enhancing the emotional and social development of students. CAPS serves as a training site for future psychologists and mental health counselors at a variety of levels of training. In addition to a practicum program, CAPS is home to an APA-accredited pre-doctoral internship training program and an APPIC approved postdoctoral fellowship program and currently employs a post-graduate mental health counseling intern.

Services at CAPS

Services are available to enrolled FIU students and include crisis intervention, individual, couples and group psychotherapy, consultation, and referrals. CAPS offers time-limited, brief psychotherapy with individualized treatment plans reflective of the cultural and developmental needs of clients. Staff members include 14 licensed psychologists, 2 part-time psychiatrists, and other part and full time mental health professionals.

Supervision and Training

Clinical supervision is tailored to the practicum student's developmental needs and level of experience. A minimum of one hour per week of individual, face-to-face supervision is provided as well as one hour per week of group supervision. Two days are devoted to orientation activities to familiarize students with their new work environment and responsibilities. Practicum students attend a weekly training seminar on a variety of pertinent training topics tailored to meet the needs of each practicum class. Presenters

include CAPS staff-members and invited speakers from the community.

Practicum Experiences

Direct clinical services typically comprise at least 60% of the students' time on site. Clinical services include intake and individual psychotherapy services. Opportunities may exist for a practicum student to become involved in a group therapy experience. Practicum students are also encouraged to become involved in outreach activities at the center. Clients at CAPS display a variety of presenting problems including anxiety and mood disorders, self-esteem difficulties, adjustment concerns, relationship difficulties, academic problems, gender identity/sexual orientation issues, cultural adjustment, and family conflicts.

Setting

Practicum students work at the Modesto Maidique Campus (MMC) of FIU in southwest Miami. The center provides private and fully furnished office space which is equipped with a computer and video-recording equipment

Requirements for consideration:

1. CAPS must have an established contractual agreement with the practicum student's graduate training institution to provide practicum training.
2. Practicum students must be enrolled and in good standing in a counseling or clinical psychology program seeking either a terminal master's or doctoral degree. Prospective students must be enrolled in a course with a practicum requirement concurrent with the practicum experience.
3. Prerequisites. Graduate transcripts must evidence completion of coursework in the following domains:
 - a. Intro counseling theories
 - b. Intro counseling techniques and interventions
 - c. Ethics
 - d. Psychopathology/diagnosis
4. Prior clinical experience is strongly preferred

Requirements for application:

1. A hard copy of your completed application
2. A cover letter expressing your interest in the practicum
3. A current curriculum vitae
4. A letter of support from your graduate program's training director
5. A copy of your transcript from your current graduate program

CAPS interviews and selects the most appropriate candidates for the positions available. In accordance with federal and state laws, no person in whatever relationship with Florida International University shall be subject to discrimination on the basis of age, religion or creed, color, disability, national origin, race, ethnicity, sex, marital or veteran's status.